

NEWTON
LABORATORIES, INC.



HOMEOPATHICS

A WOMAN'S LIFE CHANGE: MENOPAUSE

2360 Rockaway Industrial Boulevard Conyers, GEORGIA 30012 Ph. 1-800-448-7256, Fx. 1-800-760-5550

Symptoms of menopause are caused by hormonal imbalance or induced menopause created by an ovariectomy.

Menopause is the normal cessation of the menstrual cycle when women leave the childbearing years. In a healthy woman, there are no uncomfortable symptoms associated with this natural progression of aging. Today, however, all too often menopause is accompanied by sensations of heat (hot flashes), drying of the skin and mucus membranes in the vagina, loss of sexual desire, and even osteoporosis. Menopause can also be induced by removing the ovaries through surgery (ovariectomy).

Hot flashes are characterized by waves of heat or a steady sensation of heat in the body or head, often accompanied by uneasiness and feelings of sickness. The symptoms of an unhealthy menopause are caused by hormonal imbalance following the cessation of the cycles. Hot flashes, in particular, are the result of abnormal metabolic activity and irregularity in the circulatory system. The "problems" of menopause do not exist in perfectly healthy women.

Never before in our history have we been exposed to millions of synthesized organic chemical compounds. These compounds are toxic to the body, and they overwhelm the liver and eventually damage sensitive vital organs or whole organ systems. In women, the ovaries are quite susceptible to toxin infiltration, which leads to hormonal imbalances and a faulty metabolism.

The common symptoms we see in menopause today were quite a rare occurrence in previous generations. Women are now entering this normal life change already unhealthy due to the toxic condition of the body. This is why a normal life changing event like menopause is now accompanied by so many *abnormal* symptoms.

Many women are looking for safe alternatives to synthetic drugs in the treatment of their

menopausal symptoms. If synthetic hormones are taken while on a homeopathic regimen, the hormones and the remedies should be taken at different times of the day. After a time ranging from 2 to 6 weeks, with the assistance of your health practitioner, the synthetic hormones can gradually be reduced and finally eliminated.

In some cases, hot flashes are caused by circulatory problems and hormonal abnormalities simultaneously. If the circulatory problems existed before the hot flashes, the circulatory condition should be addressed separately. The #52 COLD HANDS & FEET complex may be indicated. If symptoms persist for more than three days, please consult your health practitioner. If there were no circulatory problems (such as palpitations or high blood pressure) before the hot flashes occurred, these symptoms should diminish and eventually disappear together with the use of homeopathic remedies.

Osteoporosis has also become common in women who are post-menopausal. Uric acid, a normal waste product resulting from protein digestion can aggravate this condition. In this case, the #9 RHEUMATIC PAIN complex, taken one to two times daily, is indicated.

Homeopathics: Take #1 DETOXIFIER every evening (6 drops or pellets) and #18 MENOPAUSE complex (6 drops or pellets) every morning. Repeat #18 MENOPAUSE up to every 10 minutes whenever symptoms are present. After using the remedies for some time, the hot flashes should disappear.

Diet and supplements: A complex carbohydrate diet of organically-grown food, balanced in fat and protein, is recommended in order to enhance health. Light exercise will also help strengthen the body. Multiple vitamin and mineral supplements and at least 2000 mg of vitamin C a day have been shown to be helpful.

• If circulatory symptoms occur, such as palpitations or high blood pressure, or persist for more than three days, please consult your health practitioner.